

## Respite Assessment Worksheet

### Chapter 388-828 WAC

### Explanation of Waiver Respite Level Determination

**Instructions:** In Part II, circle the applicable scores. Highlight the lines in results tables. Transfer the results to the Summary Information, Part I

#### Part 1. Summary Information

Developmental Disabilities Administration (DDA) assessed \_\_\_\_\_  
NAME  
 on \_\_\_\_\_ using the Respite Assessment, as part of the DDA assessment.  
DATE

WAC Reference	Domain	Score
388-828-5060	Protective Supervision Acuity Scale Score	
388-828-5080	<u>Minus</u> the Age Based Score Adjustments	
388-828-5080	<u>Equals</u> the <b>Protective Supervision Support Score</b>	
388-828-5260	Score for Ability to Care for the Client Question #4	
388-828-5260	Score for the Significant Stress Question #5	
388-828-5260	Score for the Expectation to Continue Care Question #6	
388-828-5280	Caregiver Risk Factor	
388-828-5300	<b>Primary Caregiver Risk Level</b>	
388-828-5320	Backup Caregiver Availability Score	
388-828-5360	<b>Backup Caregiver Risk Level</b>	
388-828-5580	Most Prominent Behavior Frequency Score	
388-828-5600	Most Prominent Behavior Severity Score	
388-828-5620	Most Prominent Behavior Caregiver Assistance Score	
388-828-5640	<b>Behavior Acuity Level</b>	
388-828-5980	Respite Assessment Level	
388-828-5980	Meet Criteria to Adjust Respite Assessment Level (+1)	<input type="checkbox"/> Yes <input type="checkbox"/> No
388-828-5980	Adjusted Respite Level	
388-828-6000	<b>Maximum Respite Hours</b>	

## Part 2. WAC Worksheet – Determining the Respite Assessment

### The DDA Protective Supervision Acuity Scale

In accordance with WAC 388-828-5000 to WAC 388-828-5100; the Respite Assessment determines a Protective Supervision Support Score of zero through six based on the answer to the following question in the DDA Protective Supervision Acuity Scale and an age based adjustment.

#### 1. What level of monitoring does the client typically require during awake hours? (per WAC 388-828-5060):

Answers	Definitions	Score
Independent	Can be left unattended. Might occasionally show poor judgment, but does not require routine access to a support person.	0
Remote (e.g., a week or more)	Can be left unattended for extended periods of time, but requires access to a support person either via telephone or someone who visits the person weekly or so.	1
Periodic (e.g., every couple of days)	Can be left unattended for a couple of days, but requires access to a support person who checks in every few days via telephone or in person.	2
Monitoring (e.g., half day, unstructured)	Can be left unattended for several hours at a time (2-4 hours) to engage in independent activities, but needs access to a support person daily for guidance or assistance.	3
Close Proximity (e.g., 1-2 hours, structured)	Can be left unattended for short periods of time (1-2 hours), provided that the environment is strictly structured and that a support person can respond quickly in an emergency situation.	4
Onsite (e.g., on property)	Cannot be left unattended. Requires a support person on the property at all times, at least during awake hours.	5
Line of Sight/Earshot (e.g., close observation)	Cannot be left unattended. Requires a support person within the room or within earshot of the client's location at all times during awake hours.	6

**Adjustment:** DDA then applies the following age-based score adjustments to your level of monitoring score for question number one in WAC 388-828-5060:

If you are:	Then your age-based score adjustment is:
18 years or older	Score is equal to your level of monitoring score
16-17 years of age	Subtract 2 from your level of monitoring score
12-15 years of age	Subtract 3 from your level of monitoring score
8-11 years of age	Subtract 4 from your level of monitoring score
5-7 years of age	Subtract 5 from your level of monitoring score
0-4 years of age	Subtract 6 from your level of monitoring score
If your adjusted level of monitoring score is a negative number, your adjusted protective supervision acuity score is zero.	

### The DDA Caregiver Status Acuity Scale

In accordance with WAC 388-828-5120 to WAC 388-828-5360, the Respite Assessment determines:

1. A Primary Caregiver Risk Level (none, low, medium, high or immediate); and
2. A Backup Caregiver Risk Score (1, 2 or 3).

To determine your Primary Caregiver Risk Level, the Respite Assessment uses a three step process:

The Respite Assessment uses the following questions from the DDA Caregiver Status Acuity Scale (WAC 388-828-5260) to determine your scores:

Step 1) The scores from the tables above and your caregiver risk factors are used in the following chart to determine your Primary Caregiver Risk Level (WAC 388-828-5300):

Your scores for the following questions in WAC 388-828-5240			
Your score for Question 4	Your score for Question 5	Your score for Question 6	Your Caregiver Risk Level
0	0	0	None
0	0	4	Medium
0	0	9	Immediate
0	4	0	Medium
0	4	4	Medium
0	4	9	Immediate
0	9	0	High
0	9	4	High
0	9	9	Immediate
1	0	0	Low
1	0	4	Medium
1	0	9	Immediate
1	4	0	Medium
1	4	4	Medium
1	4	9	Immediate
1	9	0	High
1	9	4	High
1	9	9	Immediate
4	0	0	Medium
4	0	4	Medium
4	0	9	Immediate
4	4	0	Medium
4	4	4	Medium
4	4	9	Immediate
4	9	0	High
4	9	4	High
4	9	9	Immediate
9	0	0	High
9	0	4	High
9	0	9	Immediate
9	4	0	High
9	4	4	High
9	4	9	Immediate
9	9	0	High
9	9	4	High
9	9	9	Immediate

Step 2) If your maximum scores for question four, five, and six are four or less and you have an “Aging Caregiver” risk factor in WAC 388-828-5280, your caregiver risk level is medium.

Step 3) If your caregiver risk factor is “No caregiver, and needs one” in WAC 388-828-5280, your caregiver risk level is immediate regardless of your scores for questions four, five and six.

(4) How much do these things impact your ability to care for the client?

Answers	Score
Little or no impact	0
Possible impact, no concrete evidence	1
Concrete evidence of reduced care	4
Unable	9

(5) Is the client creating significant stress on other household members?

Answers	Score
Stable and healthy	0
Clearly identifiable signs of stress	4
Serious risk of failure	9

(6) How long do you expect to continue providing care?

Answers	Score
2 or more years	0
6 months to 2 years	0
1 to 6 months	4
Less than 1 month	9

**Then caregiver risk factors are determined using the criteria in WAC 388-828-5280:**

If the following criteria are met:	Then your caregiver risk factors are:
(1) You have a score of "less than 1 month" for question 6 in WAC 388-828-5260 ("How long do you expect to continue providing care?").	Immediate risk of loss of caregiver
(2) You have not identified any collateral contacts in the CARE system as having a contact role of "informal caregiver;" and (3) You have not identified any collateral contacts in the CARE system as having a contact roll of "formal caregiver;" and (4) You have not identified any collateral contacts in the CARE system as having a contact role of "backup caregiver;" and (5) You do not have a paid provider, authorized by DDA, to provide supports for a DDA paid service; and (6) You have an adjusted protective supervision score of 3 or more in WAC 388-828-5080.	No caregiver, needs one
(7) You have identified one of your collateral contracts in the CARE system as having a contact role of primary caregiver; and (8) Your primary caregiver is 70 years of age or older; and (9) Your primary caregiver lives with you in the same residence.	Aging caregiver

## Backup Caregiver Risk Score

To determine your Backup Caregiver Risk Score (1, 2, or 3), the Respite Assessment uses two steps to determine your score per **WAC 388-828-5320 through WAC 388-828-5360**:

Step 1) The Respite Assessment uses the following question from the Backup Caregiver Subscale in WAC 388-828-5320 to determine a score.

Under what conditions are other caregivers available?

Answers available for selection	Score
Routinely provides care	0
Upon Request	2
Emergency only	4
No other caregiver available	9

Step 2) Then the Respite Assessment checks the availability of your backup caregiver (per WAC 388-828-5360) to determine your Backup Caregiver Risk Level Score:

If the availability of your backup caregiver is:	Then your risk level score is:
(1) Your backup caregivers are available routinely or upon request as evidenced by a score of 0 to 2 for question 1 of the backup caregiver subscale; and (2) You have a person identified as a backup caregiver that does not live with you evidenced by the "Lives with client" checkbox not being selected as contact details information for him or her.	1 (Not a risk)
(3) Your backup caregivers are available upon an emergency only basis evidenced by a score of 4 for question 1 of the backup caregiver subscale; or (4) "Lives with client" has been selected for <b>all</b> of the persons you have identified as your backup caregivers.	2 (Some risk)
(5) You have no other caregiver available evidenced by a score of 9 for question 1 of the backup caregiver subscale.	3 (High risk)

## The DDA Behavioral Acuity Scale

**WAC 388-828-5580** How does DDA determine the frequency of your most prominent behavior? If you have a prominent behavior, DDA asks you and your respondent(s) to identify the frequency of occurrence of your most prominent behavior using the following table:

If the frequency of occurrence of your most prominent behavior is:	Then your score for frequency is:
Less than once per month	Rare
1 to 3 times per month	Occasional
1 to 4 times per week	Occasional
1 to 3 times daily	Frequent
4 or more times daily	Frequent

**WAC 388-828-5600 How does DDA determine the severity of your most prominent behavior?** If you have a prominent behavior, DDA asks you and your respondent(s) to identify the severity of your most prominent behavior using the following table:

<b>If the characteristics of your most prominent behavior are:</b>	<b>Then your score for severity is:</b>
Your behavior may be uncooperative, inconvenient, repetitive, and/or require time intensive support. However, your behavior is not considered aggressive or self-injurious.	Minor incidents
Your behavior, if allowed to continue over time, may result in life-threatening harm for yourself and/or others.	Potentially dangerous
Your behavior without immediate intervention will result in life-threatening harm for your self and/or others	Life threatening

**WAC 388-828-5620 How does DDA determine the type of caregiver assistance you receive to help you keep your most prominent behavior under control?** DDA asks you and your respondent(s) to identify the type of caregiver assistance you receive to help you keep your most prominent behavior under control using the following table:

<b>If the caregiver assistance provided to support your most prominent behavior is</b>	<b>Then your score for caregiver assistance is:</b>
Your respondent reports that you do not require any assistance to keep your most prominent behavior under control.	No supervision, Oversight
Your respondent reports that you may at times require supervision and verbal redirection to keep your most prominent behavior under control.	Verbal redirection
Your respondent reports that you require occasional physical guidance of limbs and/or caregiver intervention to keep your most prominent behavior under control.	Occasional physical guiding or intervention
Your respondent reports that you require in-sight supervision at all times and may require 1 to 2 person physical restraint or removal from the area to keep your most prominent behavior under control.	In-Sight Supervision – Physical restraint

**WAC 388-828-5640 How does DDA determine your behavioral acuity level?** DDA uses your frequency, severity, and caregiver assistance scores to determine your behavioral acuity level using the following table:

<b>If your score for frequency is:</b>	<b>And your score for severity is:</b>	<b>And your score for caregiver assistance is</b>	<b>Then your behavioral Acuity level is:</b>
Rare	Minor	None	Low
		Verbal redirection	
		Physical guiding or intervention	
		Physical restraint	
	Potentially dangerous	None	Medium
		Verbal redirection	
		Physical guiding or intervention	High
		Physical restraint	
	Life threatening	None	Medium
		Verbal redirection	
		Physical guiding or intervention	High
		Physical restraint	

<b>If your score for frequency is:</b>	<b>If your score for severity is:</b>	<b>And your score for caregiver assistance is</b>	<b>Then your behavioral Acuity level is:</b>
Occasional	Minor	None	Low
		Verbal redirection	
		Physical guiding or intervention	
		Physical restraint	
	Potentially dangerous	None	Medium
		Verbal redirection	
		Physical guiding or intervention	
		Physical restraint	
	Life Threatening	None	Medium
		Verbal redirection	
		Physical guiding or intervention	High
		Physical restraint	
Frequent	Minor	None	Low
		Verbal redirection	
		Physical guiding or intervention	
		Physical restraint	
	Potentially dangerous	None	Medium
		Verbal redirection	
		Physical guiding or intervention	
		Physical restraint	
	Life Threatening	None	High
		Verbal redirection	
		Physical guiding or intervention	
		Physical restraint	

### The Respite Assessment Level

#### WAC 388-828-5980 How does DDA determine your Respite Assessment level?

(1) DDA determines your Respite Assessment level using the following table:

<b>If your Protective Supervision Support Level is:</b>	<b>And your primary caregiver risk level is:</b>	<b>And your backup caregiver risk score is:</b>	<b>And your behavioral acuity level is:</b>	<b>Then your Respite Assessment level is</b>
0	None	1	None	1
0	None	1	Low	1
0	None	1	Medium	1
0	None	1	High	2
0	None	2 or 3	None	1
0	None	2 or 3	Low	1
0	None	2 or 3	Medium	2

<b>If your Protective Supervision Support Level is:</b>	<b>And your primary caregiver risk level is:</b>	<b>And your backup caregiver risk score is:</b>	<b>And your behavioral acuity level is:</b>	<b>Then your Respite Assessment level is</b>
0	None	2 or 3	High	2
0	Low	1	None	1
0	Low	1	Low	1
0	Low	1	Medium	1
0	Low	1	High	2
0	Low	2 or 3	None	1
0	Low	2 or 3	Low	1
0	Low	2 or 3	Medium	2
0	Low	2 or 3	High	2
0	Medium	1	None	1
0	Medium	1	Low	1
0	Medium	1	Medium	1
0	Medium	1	High	2
0	Medium	2 or 3	None	1
0	Medium	2 or 3	Low	1
0	Medium	2 or 3	Medium	2
0	Medium	2 or 3	High	2
0	High	1	None	1
0	High	1	Low	1
0	High	1	Medium	2
0	High	1	High	2
0	High	2 or 3	None	2
0	High	2 or 3	Low	2
0	High	2 or 3	Medium	2
0	High	2 or 3	High	3
0	Immediate	1	None	1
0	Immediate	1	Low	1
0	Immediate	1	Medium	2
0	Immediate	1	High	2
0	Immediate	2 or 3	None	2
0	Immediate	2 or 3	Low	2
0	Immediate	2 or 3	Medium	2
0	Immediate	2 or 3	High	3
1	None	1	None	1
1	None	1	Low	1
1	None	1	Medium	1
1	None	1	High	2
1	None	2 or 3	None	1
1	None	2 or 3	Low	1
1	None	2 or 3	Medium	2
1	None	2 or 3	High	3
1	Low	1	None	1

<b>If your Protective Supervision Support Level is:</b>	<b>And your primary caregiver risk level is:</b>	<b>And your backup caregiver risk score is:</b>	<b>And your behavioral acuity level is:</b>	<b>Then your Respite Assessment level is</b>
1	Low	1	Low	1
1	Low	1	Medium	1
1	Low	1	High	2
1	Low	2 or 3	None	1
1	Low	2 or 3	Low	1
1	Low	2 or 3	Medium	2
1	Low	2 or 3	High	3
1	Medium	1	None	1
1	Medium	1	Low	1
1	Medium	1	Medium	2
1	Medium	1	High	3
1	Medium	2 or 3	None	1
1	Medium	2 or 3	Low	2
1	Medium	2 or 3	Medium	2
1	Medium	2 or 3	High	3
1	High	1	None	2
1	High	1	Low	2
1	High	1	Medium	2
1	High	1	High	3
1	High	2 or 3	None	2
1	High	2 or 3	Low	2
1	High	2 or 3	Medium	3
1	High	2 or 3	High	4
1	Immediate	1	None	2
1	Immediate	1	Low	2
1	Immediate	1	Medium	2
1	Immediate	1	High	3
1	Immediate	2 or 3	None	2
1	Immediate	2 or 3	Low	2
1	Immediate	2 or 3	Medium	3
1	Immediate	2 or 3	High	4
2 or 3	None	1	None	1
2 or 3	None	1	Low	1
2 or 3	None	1	Medium	2
2 or 3	None	1	High	3
2 or 3	None	2 or 3	None	2
2 or 3	None	2 or 3	Low	2
2 or 3	None	2 or 3	Medium	2
2 or 3	None	2 or 3	High	4
2 or 3	Low	1	None	1
2 or 3	Low	1	Low	1
2 or 3	Low	1	Medium	2

<b>If your Protective Supervision Support Level is:</b>	<b>And your primary caregiver risk level is:</b>	<b>And your backup caregiver risk score is:</b>	<b>And your behavioral acuity level is:</b>	<b>Then your Respite Assessment level is</b>
2 or 3	Low	1	High	3
2 or 3	Low	2 or 3	None	2
2 or 3	Low	2 or 3	Low	2
2 or 3	Low	2 or 3	Medium	2
2 or 3	Low	2 or 3	High	4
2 or 3	Medium	1	None	2
2 or 3	Medium	1	Low	2
2 or 3	Medium	1	Medium	2
2 or 3	Medium	1	High	3
2 or 3	Medium	2 or 3	None	2
2 or 3	Medium	2 or 3	Low	2
2 or 3	Medium	2 or 3	Medium	3
2 or 3	Medium	2 or 3	High	4
2 or 3	High	1	None	2
2 or 3	High	1	Low	2
2 or 3	High	1	Medium	2
2 or 3	High	1	High	3
2 or 3	High	2 or 3	None	2
2 or 3	High	2 or 3	Low	2
2 or 3	High	2 or 3	Medium	3
2 or 3	High	2 or 3	High	4
2 or 3	Immediate	1	None	2
2 or 3	Immediate	1	Low	2
2 or 3	Immediate	1	Medium	2
2 or 3	Immediate	1	High	3
2 or 3	Immediate	2 or 3	None	2
2 or 3	Immediate	2 or 3	Low	2
2 or 3	Immediate	2 or 3	Medium	3
2 or 3	Immediate	2 or 3	High	4
4	None	1	None	2
4	None	1	Low	2
4	None	1	Medium	2
4	None	1	High	3
4	None	2 or 3	None	2
4	None	2 or 3	Low	2
4	None	2 or 3	Medium	3
4	None	2 or 3	High	4
4	Low	1	None	2
4	Low	1	Low	2
4	Low	1	Medium	2
4	Low	1	High	3
4	Low	2 or 3	None	2

<b>If your Protective Supervision Support Level is:</b>	<b>And your primary caregiver risk level is:</b>	<b>And your backup caregiver risk score is:</b>	<b>And your behavioral acuity level is:</b>	<b>Then your Respite Assessment level is</b>
4	Low	2 or 3	Low	2
4	Low	2 or 3	Medium	3
4	Low	2 or 3	High	4
4	Medium	1	None	2
4	Medium	1	Low	2
4	Medium	1	Medium	3
4	Medium	1	High	3
4	Medium	2 or 3	None	2
4	Medium	2 or 3	Low	3
4	Medium	2 or 3	Medium	3
4	Medium	2 or 3	High	4
4	High	1	None	2
4	High	1	Low	2
4	High	1	Medium	3
4	High	1	High	3
4	High	2 or 3	None	2
4	High	2 or 3	Low	3
4	High	2 or 3	Medium	4
4	High	2 or 3	High	4
4	Immediate	1	None	2
4	Immediate	1	Low	2
4	Immediate	1	Medium	3
4	Immediate	1	High	3
4	Immediate	2 or 3	None	2
4	Immediate	2 or 3	Low	3
4	Immediate	2 or 3	Medium	4
4	Immediate	2 or 3	High	4
5	None	1	None	2
5	None	1	Low	2
5	None	1	Medium	3
5	None	1	High	4
5	None	2 or 3	None	3
5	None	2 or 3	Low	3
5	None	2 or 3	Medium	4
5	None	2 or 3	High	5
5	Low	1	None	2
5	Low	1	Low	2
5	Low	1	Medium	3
5	Low	1	High	4
5	Low	2 or 3	None	3
5	Low	2 or 3	Low	3
5	Low	2 or 3	Medium	4

<b>If your Protective Supervision Support Level is:</b>	<b>And your primary caregiver risk level is:</b>	<b>And your backup caregiver risk score is:</b>	<b>And your behavioral acuity level is:</b>	<b>Then your Respite Assessment level is</b>
5	Low	2 or 3	High	5
5	Medium	1	None	2
5	Medium	1	Low	2
5	Medium	1	Medium	3
5	Medium	1	High	4
5	Medium	2 or 3	None	3
5	Medium	2 or 3	Low	3
5	Medium	2 or 3	Medium	4
5	Medium	2 or 3	High	5
5	High	1	None	2
5	High	1	Low	2
5	High	1	Medium	3
5	High	1	High	4
5	High	2 or 3	None	3
5	High	2 or 3	Low	3
5	High	2 or 3	Medium	4
5	High	2 or 3	High	5
5	Immediate	1	None	2
5	Immediate	1	Low	2
5	Immediate	1	Medium	3
5	Immediate	1	High	4
5	Immediate	2 or 3	None	3
5	Immediate	2 or 3	Low	3
5	Immediate	2 or 3	Medium	4
5	Immediate	2 or 3	High	5
6	None	1	None	2
6	None	1	Low	3
6	None	1	Medium	3
6	None	1	High	4
6	None	2 or 3	None	3
6	None	2 or 3	Low	3
6	None	2 or 3	Medium	4
6	None	2 or 3	High	5
6	Low	1	None	2
6	Low	1	Low	3
6	Low	1	Medium	3
6	Low	1	High	4
6	Low	2 or 3	None	3
6	Low	2 or 3	Low	3
6	Low	2 or 3	Medium	4
6	Low	2 or 3	High	5
6	Medium	1	None	3

If your Protective Supervision Support Level is:	And your primary caregiver risk level is:	And your backup caregiver risk score is:	And your behavioral acuity level is:	Then your Respite Assessment level is
6	Medium	1	Low	3
6	Medium	1	Medium	3
6	Medium	1	High	4
6	Medium	2 or 3	None	3
6	Medium	2 or 3	Low	4
6	Medium	2 or 3	Medium	4
6	Medium	2 or 3	High	5
6	High	1	None	3
6	High	1	Low	3
6	High	1	Medium	4
6	High	1	High	4
6	High	2 or 3	None	4
6	High	2 or 3	Low	4
6	High	2 or 3	Medium	5
6	High	2 or 3	High	5
6	Immediate	1	None	3
6	Immediate	1	Low	3
6	Immediate	1	Medium	4
6	Immediate	1	High	4
6	Immediate	2 or 3	None	4
6	Immediate	2 or 3	Low	4
6	Immediate	2 or 3	Medium	5
6	Immediate	2 or 3	High	5

- (2) DDA adds one level to your Respite Assessment level when your Respite Assessment level is determined to be:
- Level one, two, three, or four; and
  - You have a score of four for the following question in the DDA Caregiver Status Acuity Scale:

**WAC 388-828-5260(2) Other care giving for persons who are disabled, seriously ill, or under age 5?**

Answers	Score
Client is the only person who requires direct care	0
Part-time responsibility for one or more additional persons	1
Full-time responsibility for one additional person	2
Full-time responsibility for two or more additional persons	4

**Determining maximum hours you may receive:**

**WAC 388-828-6000 How does DDA determine the maximum number of hours you may receive based on your respite assessment level?**

The maximum number of hours you may receive per year is determined by using the following table:

<b>If your respite assessment level is:</b>	<b>Then the maximum number of hours you may receive for respite care each year is:</b>
2	240
3	336
4	432
5	528